



Whangarei Girls' High School Sports Newsletter

MARCH 2019

WGHS ATHLETICS

A great day all round with a few records broken.

Junior Champ: 1st - Jazmine Murray, 2nd - Ayla Da Silva, 3rd - Samantha Forsyth.

Ayla Da Silva broke the record in Javelin, throwing 15.81m and Bella Earl broke the 1500m junior record with a time of 5.08.19mins.

Intermediate Champ: 1st - Amy Alderton, 2nd - Jenna Johnston and 3rd - Bree Monaghan.

Mateja Matijevich-Wiki broke the shot put record throwing 11.12m. Jenna Johnston broke the high jump record, jumping 1.63m. Holly Rule broke the 400m record, running it in 58.75 seconds. Amy Alderton broke the triple jump record jumping 10.52m and also the long jump record jumping 5.50m

Senior Champ: 1st - Natasha Hewson, 2nd - Mia Gordon and 3rd - Michelle Crawford.

Michelle Crawford broke the senior long jump record by jumping 4.51m. These athletes have now qualified for the NSSSA Athletics Champs.

NSSSA ATHLETICS

WGHS did very well against other Northland Secondary Schools once again, with two records broken by Mateja Matijevich-Wiki in the Intermediate Girls Hammer throw. Mateja threw an amazing 43.28m and also won the Intermediate Girls Shot Put, throwing 12.70m. Great throws, Mateja.

Field results for Junior girls: High Jump, 2nd - Ayla Da Silva. Triple Jump, 1st - Ayla Da Silva, 3rd - Neve Andersen.

Field results for Intermediate girls: High Jump, 1st - Jenna Johnston. Triple Jump, 1st - Amy Alderton, 2nd - Jenna Johnston and 3rd - Ella Beehre. Long Jump, 1st Amy Alderton. Hammer, 1st - Mateja Matijevich-Wiki, 2nd - Nellie Clark. Shot Put - 1st Mateja Matijevich-Wiki. Discus, 1st Mateja Matijevich-Wiki

Track results for Junior girls: 800m - 1st Jazmine Murray, 2nd Alexis Gorrie-Brown, 3rd Neve Andersen. 1500m - 1st Bella Earl, 3rd Alexis Gorrie-Brown. 300m - 1st Jazmine Murray. 70m Hurdles - 1st Ayla Da Silva, 2nd Alexis Gorrie-Brown.

Track results for Intermediate girls:

3000m - 2nd Bree Monaghan. 1500m & 800m - 2nd Bree Monaghan. 400m 1st - Holly Rule. 200m - 1st Holly Rule, 2nd Amy Alderton. 100m 1st Amy Alderton, 3rd Emily Holehan.

Track results for Senior girls: 3000m -

1st Mia Gordon. 1500m 1st Mia Gordon. 80m Hurdles - 1st Jenna Johnston and 3rd Arlia Gray.



NATIONAL OPEN ATHLETICS

A group of our students travelled to Christchurch to attend this event and had some great results to come home with.

Mateja Matijevich-Wiki placed 2nd in U18 Hammer, 6th U20 Hammer and 6th U18 Shot Put.

Amy Alderton placed 3rd U18 Long jump, 3rd U18 Triple jump. 6th U18 in 100m. Amy's long jump broke the Northland U16 and U18 records that were set in 1977. Amy's ranking for U18 are: 4th in 100m, 2nd in Long jump and 3rd in Triple jump.

Holly Rule placed 5th in the U18 400m final. The first 4 competitors were all 17 years old and Holly at 15 years old was also carrying an injury so what a great effort.

Gemma Brock placed 1st in Pole vault and won gold. Jenna Johnston jumped an amazing 1.61m in High jump and placed 2nd in the Juniors.

Congratulations athletes - what a fantastic result from you all.



VOLLEYBALL

WGHS Senior A Volleyball team competed in the NSSSA tournament against several other secondary schools. Their fantastic skills got them through to the final to play Tikipunga High School. WGHS played hard but fair and won after two very close sets.

SURFING

The first Northland Scholastics Surfing event was held at Sandy Bay. Secondary Schools from Kaitaia to Rodney competed and there was a great turnout. WGHS **Grace Pevats** place 1st in the U18 section. In the U14 Girls, **Saoirse O'Brien** placed 2nd, **Jordyn Tana** 3rd and **Laurel Seutter** 4th. Well done girls.

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NSSSA TRIATHLON

At the end of February two WGHS students entered the NSSSA Triathlon held at Kai Iwi Lakes. The course consisted of swimming, kayaking and biking. It was a hard course to complete in the heat but Bree Monaghan gave it her best and placed 1st in the Intermediate Individual Girls and Jazmine Murray placed 2nd in the Junior Individual Girls.



CONGRATULATIONS

A huge congratulations to Jessie Taylor who has been named in the netball NZSS squad for 2019.

NETBALL

Please would Year 9's and anyone new playing netball for WGHS this year that didn't play for WGHS last year go to the below link to register

<https://www.sporty.co.nz/wghs/Netball-Registrations-2019/tab1>

MOUNTAIN BIKING

What a gutsy performance from **Holly Askew** and **Kyah Young** who lined up with 70 young men and raced against them. The morning started with a cross country race which was a gruelling two laps of a long downhill run and a big climb back to the top in extremely hot weather. They both completed the race with Kyah winning and Holly placing 2nd in the girls division. They also beat many of their male counterparts. After lunch they raced in the adrenaline packed downhill at a great speed down a technical track. Holly took out first place. If you are keen on having a go we are excited to set up a Mountain Biking Club here at school. Please let Mrs Barton know if you are interested.



SWIMMING

A talented group of swimmers from WGHS entered the NSSSA Swimming Champs in Dargaville. It was a great day for swimming and there were some very successful results for our WGHS students.

Junior Girls: Jazmine Murray - 1st in Butterfly, 2nd in 100m Freestyle and 1st in 50m Backstroke

Intermediate Girls: Maddie Whittam - 1st and Nellie Clark 2nd in 100m Breaststroke. Nellie Clark 3rd in 100m Butterfly, 1st in the 50m Breaststroke and 2nd in the 50m Butterfly.

Senior Girls: Courtney Stoddart - 1st in 50m Butterfly, 50m Breaststroke and 100m Breaststroke.

SEASON FEES

Reminder: Season fees for Hockey, Netball, Football and Basketball can be paid to our payments office. We have eftpos available now, or you can direct credit the amount owing into our bank account.

BNZ—02 0492 0354488-00 - Please put your daughter's name and her sport in the reference area.

LEAF CUP CRICKET

WGHS Cricket team competed in the NSSSA Leaf Cup Cricket tournament in Kensington. They played some great cricket against other secondary schools and won all their games. There was some very serious bowling happening with WGHS getting wickets. Their first game was against Bream Bay College. It was a good game with WGHS 125/6 and Bream Bay 58/all out. They then went on to play Dargaville High, beating them also. The next day WGHS was in the finals against KHS and WGHS won to become the Leaf Cup Champions. They went on to play at the Secondary Schools Gillette Venus Girls' Cricket Tournament in Papamoa.



GILLETTE VENUS GIRLS' CRICKET

WGHS 1st XI Cricket team: **Makayla Templeton (Captain), Bailey Mounter, Neve Andersen, Ella Beehre, Lily Borrie, Amy Brown, Jessie Canty, Katisha Douglas, Paige Harley, Brianna Kessell and Chelsea Traill** travelled to Tauranga to play some serious cricket. WGHS played Tauranga Girls' and had a big loss against them, then went on to play Cambridge Girls' beating them by 70 runs. Makayla Templeton scored 142 runs (24 x 4 runs and 2 x 6 runs). They went through some tough games and placed 3rd overall. Most of this team is made up of Year 9 students. Well done, WGHS Cricket team.

ELITE SPORTS COLOURS

Leah Blackman, Lucy Bland, Steph Bracey and Emma McLean are members of the Blackout Cheerleading Team which competed in Australia at the Australasian Majors Cheerleading Comp and placed 3rd overall.

Mateja Matijevich-Wiki competed at the NZSS Athletics Champs and won gold in the Junior Hammer throw.

Amy Alderton competed at the North Island Colgate Games and won gold for long jump and silver in the 100m sprint. She has a 11 ranking in NZ for U18 girls long jump and a 3 ranking in MZ for U18 girls 100m.

Oshean Ashby, Paige Dudley, Emily Holehan, Samaria Kaipo, Destinee Mexted, Mahoney Pou, Moengaroa Tangimetua, Toni Turner, Tara-Leigh Turner, Paige Turner, Mya Turner and Fiona Wira were members of the WGHS Rugby 7's team which placed 3rd overall at the NZSS U15 Condors Championships. Tara-Leigh is also a member of the WGHS Senior Touch Team which placed 5th at the Champs.

Claire Donelley, Holly Hilton-Jones, Bree Monaghan and Kyah Young were members of the WGHS Get 2 Go Team which placed 2nd overall at the OPC National Championships.

Up and Coming

Summer Tournament Week includes:

NZSS Waka Ama in Rotorua

NZSS Volleyball in Palmerston North

NZSS Futsal in Wellington

NZSS Adventure Racing in Cromwell

NZSS Rowing in Lake Karapiro

Tennis

Combined Training

Surfing

Bowls

Sailing

Hillary Challenge