



Whangarei Girls' High School Sports Newsletter

NSSSA SQUASH

A group of students entered in the Individual Squash tournament against many Northland Secondary Schools last month. Our competitors played hard games throughout the day especially in the Novice division where Rodney College was just too good.

Ella Johns placed 3rd in this division though and in the Open division **Pippa Saunders** placed 3rd just behind Anna Moselen 2nd, and Annmarie Holst from Otamatea College who won. WGHS **Shea Ferguson** placed 4th, **Amy Brown** 5th and **Ruby Collins** 6th. Great day all round.

WGHS CROSS COUNTRY

Congratulations and well done to all the competitors at cross country. It was a sunny and very cold morning but everyone finished the course in good time.

Junior Champ: **Bree Monaghan**

Intermediate Champ: **Mia Gordon**

Senior Champ: **Courtney Crum**

Overall place getters were:

1st - **Mia Gordon**

2nd - **Jemma Petty**

3rd - **Adyn Dudley**

4th - **Bree Monaghan**

HILLARY CHALLENGE

Courtney Crum, Mia Gordon, Renee Topp and Abbey Venmore travelled to Tongariro National Park together with 4 WBHS students last month. Claimed as the toughest adventure race for high school students, the 5-day Hillary Challenge final pushed the Whangarei Girls' and Boys' High School racing team to their absolute physical and mental limits. After qualifying for this event back in June 2017, the team made up of 4 girls and 4 boys embarked on the five day competition consisting of two days of problem solving activities, two days of expedition navigation from Ketetahi, where the Tongariro crossing starts, to the Chateau and a 55km multisport event on the final day. The team came out of the problem solving in first place out of 12 teams. They then battled their way through the expedition covering 56.7kms on foot with 3500m elevation gain over the two days. Each team member had to carry their overnight and team gear, weighing between 12 and 22 kg's per person. The multi-sport involved a 6km paddle, 8km run, 30km bike and another 10km run to finish where the team came through in 3rd place. By the end of the event, with all the points added up, the team placed 2nd, only 91 points behind New Plymouth Boys'/Girls' High School and 329 points ahead of 3rd place. The team was so stoked to finish in 2nd place, as they placed 6th last year, and it automatically qualifies the team for 2019's Hillary Challenge.



NSSSA CROSS COUNTRY

A great day all round for WGHS students with runners and officials doing very well. A big thank you to the officials who took their jobs seriously and did so to perfection. The track was in good condition this year with only a wee bit of mud around. Senior division, Mia Gordon placed 1st, Junior U16's - Jemma Petty 3rd and Year 9 division - Bree Monaghan 1st, Jazmine Murray 2nd and Kate Roberts 3rd. Well done to all the runners.



Inside this issue

Squash	1
WGHS Cross Country	1
Hillary Challenge	1
NSSSA Cross Country	1
Lightning League	1
6 Aside Hockey	1

LIGHTNING LEAGUE

WGHS League team played against other Secondary Schools within Northland at Kensington Park. There were some hard and fast games but we came through placing 1st overall in the tournament. Congratulations girls.



6 ASIDE HOCKEY - NSSA

What a great event this turned out to be with 9 WGHS teams entered. Over 60 WGHS students competed in hot and sunny conditions. There were a lot of games played against each other and other Northland Secondary School teams. It was a fun filled tournament and the results were great for WGHS. Hope to see more YR10's compete in this tournament next year.

