

# Sports Newsletter

**TRIATHLON** - Jorja Swain and Bree Monaghan travelled to Kai Iwi Lakes to participate in a grueling challenge in the NSSSA Traithlon. Jorja competed in the Senior Individual section and completed the course in 41.49 mins, **placing her 1st**, Bree was in the Junior Individual section and completed the course in 23.21 mins placing her 1st. Well done girls and congratulations.

**NSSSA SURFING (Event 1)** - A great turn out with 61 competitors was held at Sandy Bay, Mata-pouri. U14 Girls - **Arlia Gray** placed 2nd and U18 Girls - **Grace Pevats** placed 1st, **Nicole Robinson** 2nd and **Natalie Newbold** 3rd. Well done, surfers. Next event is on April 5th, so good luck girls.



**NSSSA SWIMMING** - This event took place at the Kauri Coast Community Pools in Dargaville with a good turn out of WGHS students attending and doing very well. Results were as follows:

**Junior:** **Nellie Clark** won the 50m & 100m breaststroke, 3rd in the 100m freestyle and 2nd in the 50m butterfly; **Ellie Brock** placed 3rd in the 100m breaststroke and 2nd in 50m breaststroke; **Grace Hilton-Jones** won the 50m & 100m backstroke, 50m freestyle and placed 2nd in the 100m free style; **Jazmin Murray** place 2nd in 50m freestyle; **Ellie Brock** 2nd in 50m breaststroke

**Intermediate:** **Madeline Whittam** won the 50m & 100m breaststroke and was 3rd in 100m freestyle; **Gemma Brock** won the 50m backstroke, was 2nd in 50m butterfly and placed 3rd in the 50m free-style

**Senior:** **Courtney Stoddart** was 3rd in 50m breaststroke and 2nd in 100m breaststroke; **Samantha Bailey** won the 50m butterfly and placed 2nd in 50m freestyle.



**ATHLETICS** - WGHS held their athletics day on Tuesday 6th March and had a great turn out with over 100 competitors and officials. WGHS overall Junior Champ was **Amy Alderton**, 2nd place - **Nellie Clark** and 3rd = **Bree Monaghan** and **Demi Crabb**.

WGHS overall Intermediate Champ was **Tara-Leigh Turner**, 2nd place - **Jenna Johnson** and 3rd place - **Holly Rule**

WGHS overall Senior Champ (equal place) was **Aimee-Leigh Scott & Michelle Crawford** and 2nd place was **Natasha Hewson**.

**NSSSA ATHLETICS** - Was held on Thursday 15th March at the Kensington athletic track.

WGHS students competed against other Northland schools and breaking some records along the way.

## Junior field results:

Long Jump: 1st - **Amy Alderton** (new record or 5.04m); High Jump: 1st - **Ava Collins**; Triple Jump: 1st - **Amy Alderton** (new record 10.75m), 3rd - **Ella Beehre**; Javelin: 2nd - **Demi Crabb**

## Junior track results:

70m Hurdles: 1st - **Kate Rogers** and 2nd **Aimee Clemow**; 100m: 1st **Amy Alderton**, 2nd - **Samantha Forsyth** and 3rd - **Demi Crabb**; 200m: 1st - **Amy Alderton** and 2nd **Samantha Forsyth** 300m: 1st - **Jazmine Murray**; 800m: 1st - **Bree Monaghan** and 2nd **Nellie Clark**; 1500m: 1st - **Bree Monaghan** and 2nd **Kyah Young**

## Intermediate field results:

Hammer: 1st - **Mateja Matijevich-Wiki**; High Jump: 1st - **Jenna Johnston**; Shotput: 2nd - **Mateja Matijevich-Wiki**; Discus: 2nd - **Mateja Matijevich-Wiki** and 3rd - **Akasha Hannah**

## Intermediate track results:

80m Hurdles: 1st - **Jenna Johnston**; 200m: 1st - **Holly Rule**; 1500m: 2nd - **Mia Gordon**; 3000m: 1st - **Mia Gordon** (new record 11.51.77)

## Senior track results:

70m Hurdles: 1st - **Maia Prochanzka**

## Senior field results:

Hammer: 1st - **Aimee-Leigh Scott**; (new record 44.68m) Discus: 1st - **Aimee-Leigh Scott**



**VOLLEYBALL** - WGHS Senior Volley team competed in the preliminary competition and placed 1st which qualified them for the finals. There were 6 senior teams competing for the top spot and our WGHS A team came top beating Tikipunga High School. Well done, **Devon Ashcroft, Zahna Campbell, Aimee Damerell, Heidyn Harrison, Terina Hauraki, Karess Hayward-Dodd, Grace Nikora, Uma Robinson, Kelena Roughan and Brittney Sackfield.**

WGHS B team placed 2nd in the preliminaries and 4th in the finals. Congratulations to **Grace Anaru, Jazmin Cassidy-Maeva, Ritihia Clarke, Ronda Edmonds, Stella Lassey, Yara Musa, Daniellah Patuawa, Tammy Smith and Kaurangi Yates-Roma and Hazel Stolz.**



**NSSA FUTSAL** - The WGHS futsal team is well underway this season placing 1st at the NSSA Futsal tournament. Congratulations to **Caitlin Alabaster, Meg Clements, Angela Fahey, Paige Ihaka, Abbie Maher, Rachel Maher, Alice Paton, Sarah Powell, Jayde Reynolds, Jaimee Twichel and Abbey Venmore** who are heading down to Wellington to compete in the New Zealand Secondary School Futsal Champs. Go hard girls and good luck.

### NZSS FUTSAL UPDATE

WGHS Futsal team has started off well at the champs in Wellington this week. They have beaten Baraden 1-0 and also beaten Marion College 1-0. Keep it up, girls. There will be a full report in our next newsletter.

**NSSA LEAF CUP CRICKET** - WGHS entered the Leaf Cup Cricket tournament at the end of February. Their first game was against the Kamo 2nd XI team. They batted well, with a standout combination from Makayla Templeton and Paige Witten, to finish with a team total of 156 for 1. The team then followed with a strong fielding performance and at the end of 16 overs Kamo's total was 65. The girls then played Dargaville for their final game of the Leaf Cup. They batted well again and put up a grand total of 117 on the board, Makayla contributed largely with 68 runs. Dargaville had a tough challenge to surpass that performance, especially as the WGHS team fielded and bowled with efficiency and finesse. In conclusion to the day, Dargaville were all out for 42, making the WGHS 1st XI Cricket team the winners of the Leaf Cup for 2018.

Congratulations to **Ella Beehre, Amy Brown, Mia Gordon, Paige Harley, Terina Hauraki, Jane Heapy, Bailey Mounter, Daniellah Patuawa, Pippa Saunders, Meegan Soulsby, Makayla Templeton and Paige Witten.**

### TOUR OF NORTHLAND ROAD CYCLING NATIONAL EVENT

**Jorja Swain** has had a fantastic first day in the Tour of Northland, placing 1st for junior females and 3rd female overall. Her time was only 10mins behind some top male riders.

At the end of the race, which finished at Pompallier College, Jorja placed 1st in her age group, 4th female competitor and 97th overall. She rode 360km in just over 11 hours and had only one crash. That shows enormous stamina and dedication. Well done Jorja.

### AIR PISTOL SHOOTING

**Michelle Skovlund** attended the Junior National Air Pistol finals in Hamilton and placed 4th. She shot a personal best 512/600 to qualify. Michelle is looking forward to defending the MacMillan cup for WGHS at this year's event. Good luck Michelle.

**NETBALL** - The season has almost begun and trainings are underway. Please ensure players are familiar with their team and the practice and game times. Netball uniforms will be distributed to the teams shortly. Players will need to read the notices/APP to find out their time and day to collect their uniform. Have a great season and play hard and fair.

### Up and Coming Events

- Summer tournament week
- Mayhem Multisport
- Rugby 7's
- Tennis
- Equestrian
- Surfing
- Adventure Racing
- Netball and Hockey season begins

