

Whangarei Girls' High School Sports Newsletter

March 2017

NSSSA TRIATHLON - was held at Kai Iwi Lakes with great weather. WGHS triathletes did extremely well.

Senior girls division - Portia Olney-Kemp 1st in individual and 3rd in the team category.

Intermediate girls - Alysha Donovan - 1st individual and **Jorja Swain** - 4th place in individual and 2nd in the team category.

Junior Girls - WGHS Team place 3rd. What a great effort especially in the hot conditions we experienced in February.



WGHS SWIMMING SPORTS - What a great day all round for our annual swimming sports day. Lots of sun, sausage sizzle, iceblocks and fun.

Junior Champs: 1st - **Maddy Whittam**, 2nd - **Nellie Clark** and 3rd - **Kaitlin Fairbairn**

Intermediate Champs - 1st - **Caitlin Ahlers**, 2nd—**Kendal Purnell** and 3rd - **Gemma Brock**

Senior Champs - 1st - **Hayley Donovan**, 2nd - **Zoe Robinson** and 3rd - **Meg Robinson**

NSSSA SWIMMING CHAMPS - The swimming championships were held at the Kauri Coast Community Pools in Dargaville. Ten WGHS students participated in this event and some good results were achieved.

Junior - 100m Breaststroke - 1st Madeline Whittam

100m Butterfly - 4th Madeline Whittam

50m Backstroke - 3rd Madeline Whittam

50m Breaststroke - 1st Madeline Whittam & 2nd Nellie Clark

50m Butterfly - 2nd Nellie Clark

50m Freestyle - 3rd Nellie Clark

Intermediate - 100m Backstroke - 2nd Courtney Stoddart & 4th Ellamae Parkinson

100m Breaststroke - 4th Courtney Stoddart & 5th Ellamae Parkinson

100m Freestyle - 4th Gemma Brock

50m Backstroke - 3rd Gemma Brock

50m Breaststroke - 3rd Courtney Stoddart

50m Freestyle - 4th Gemma Brock



Inside this issue

Triathlon 1

WGHS Swimming 1

NSSSA Swimming 1

Cricket 1

Northland Athletics 1

WGHS Athletics 1

Rowing 2

Sailing 2

Junior Touch 2

Cricket 2

Up and Coming 2

Rugby 7's 2

NORTHLAND ATHLETICS CHAMPIONSHIPS

- Jenna Johnston and Holly Rule did extremely well at this event. Jenna won the U15 High Jump with an Athletic Northland record of 1.50m for her age. Holly won the U15 800m and both girls were also part of the Athletics Whangarei 4x 100m & 4x 400m teams that won their respective events.

WGHS ATHLETICS CHAMPS

Great day for our athletes with some records broken.

Junior - 1st Jenna Johnston, 2nd Holly Rule, 3rd Mateja Matijevich

Intermediate - 1st Aimee-Leigh Scott, 2nd Natasha Hewson, 3rd Jorja Swain

Senior - 1st Courtney Crum, 2nd Renee Ash, 3rd Lataire Murray

Records broken

Junior Shot - Mateja Matijevich

Junior High Jump - Jenna Johnston

Int Shot - Aimee-Leigh Scott

Int Discuss - Aimee-Leigh Scott

Thank you to the student officials who helped out for the day. Great job well done.

NISS ROWING - The north Island Secondary School rowing regatta was held on 10th-12th March at Lake Karapiro with 1777 athletes attending. The conditions were wild and challenging with the stormy weather that crossed the North Island that weekend. Results as follows:

U16 Single Sculls 44 crews competing: **Sarah White** 6th in A Final ; **Samantha Bailey** 7th in C Finals placing her 23rd overall.

U17 coxed quad Sculls 31 crews competing: **Isobel Hume, Anna Adam, Rachel Beasley, Emma Hutchinson**, cox **Georgia Harold** : 6th in their heat.

U18 Novice Double Sculls 40 crews competing: Isobel Hume, Anna Adam 3rd in C Final placing them 19th overall.

U15 Double Sculls 46 crews competing: Rachel Beasley, Emma Hutchinson 6th in C Final placing them 22nd overall.

U16 Double Sculls 48 crews competing: A Final: Samantha Bailey, Sarah White 3rd placing with a Bronze medal – a nail biting battle to the finish line – edging ahead to achieve a bronze medal in the last few metres.....a well timed manoeuvre girls !!!



SAILING - **Nicola Wilson** has done extremely well in Sailing over the last few months, beginning with the Tanner trials, placing 2nd, and was chosen to compete in the NZ inter-provincial P class comp in which she placed 7th out of 31 competitors. In January Nicola competed in the P-Class Nationals and place 9th overall and 1st girl out of 46 competitor's. What a great effort.

JUNIOR TOUCH - **Kiante Beazley** and **Tara Leigh Turner** attended the Junior National Touch Series and have been selected from that series to represent New Zealand in the U16 mixed team which is being held in Australia in September. Well done girls.



CRICKET - WGHS romped home to take out the Leaf Cup, beating Kerikeri, Dargaville and Kamo High Schools. WGHS team played remarkably well including **Makayla Templeton** who played outstandingly throughout the two days at Kensington Park. Makayla showcased her enormous potential with 248 runs in four innings, incredibly ending unbeaten in every outing. They played off against Pukekohe and beat them and are now in the semi finals playing Tauranga Girls' High School. Well done girls and good luck.

UP AND COMING EVENTS

- Clay target Shooting
- **Summer Tournament Week**

Includes - NZSS Volleyball, NZSS Rowing (Maadi Cup), NZSS Waka Ama, NISS Cricket, NZ Trialathlon, NISS U15 Rugby 7's, NI Dressage, NZSS Futsal and Cricket.

- NZ Rogaine/Adventure Racing/Orienteering
- Sailing

RUGBY 7's U15 - WGHS played a number of games against other Northland Secondary Schools and placed 1st = with Kerikeri High School. More games ahead so watch this space.