November 2015

Whangarei Girls' High School

Sports Newsletter

NZ REPRESENTATIVES - Ella- Rose Kini has made the 2015 NZ Junior Black Sticks Squad. Congratulations Ella-Rose.

WHANGAREI NETBALL CENTRE REPRESENTATIVE TEAM - Congratulations also to Holly Weber who has made the Whangarei Netball U17 representative team.

NSSSA KI O RAHI - WGHS travelled to Lindvart Park in Kaikohe to compete against a number of talented Northland teams. It was an amazing day with whanau vibe and atmosphere out there on the fields. Our teams represented our school with pride, and played hard. Ka mau te wehi. Thank you to our coaches, Natalie Willcox & Phil Mechen.

SURFING - Billie Scott attended the NZ Secondary Schools Surfing Champs held in Gisborne. Billie placed 4th in the U16 girls' division with an overall score of 8.25.

Also, over Labour weekend Billie attended the Backdoor Bay Bash "National" Surfing competition in the Hawkes Bay and placed 4th in the Open Women's division. This is a very high achievement as Billie was surfing against NZ's top women surfers. Well done and what a great effort Billie.

BADMINTON - In September, WGHS competed in the Badminton Open Individual competition with 1st place going to Tricia Pedersen, 2nd place to Lauryn Smith and 3rd place to Olivia Lobb. Great effort from all the girls who competed. NSSSA JUNIOR TEAMS BADMINTON TOURNAMENT - WGHS had 24 students (6 teams) participate in this tournament. One of our teams placed 3rd out of 18 girls' teams. The team is: **Lauryn Smith, Courtney Crum, Zoe Heswall and Cristabelle Clark.** Good result.

WGHS SPORTS AWARDS

What a fantastic wind down to the busy sporting season. Some great prizes were given out, thanks to our generous sponsors (refer to next page), and lots of awards for the deserving recipients. A huge thank you to our Sports Captains, Maria Wright and Ella-Rose Kini and the Sports Council for a job well done. Also a big thank you to the coaches, managers and most of all the girls who competed in the sporting activities and teams this year.

GYMNASTICS - Senior Step 7 division 2 team placed 3rd overall and were awarded bronze medals in the teams competition. Well done Michelle Crawford and Sophia Cosson. In the individual all round competition Michelle Crawford placed 6th and Sophia Cosson 10th. Michelle also finished in the top 8 on beam & floor and qualified to compete in apparatus finals where she placed 6th on beam & 7th on floor. Chloe Campbell competed in Step 6 division 2 and won gold medals on floor and vault (Step 6 is junior level and the steps progress from Step 1 through to step 10). What a great result from these girls which they deserve, as they train around 12 hours a week which requires commitment and dedication.

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UMPIRING - Cailyn Prisk attended the U13 (Collier) National Hockey Tournament as Northland's umpire. Cailyn was the 4th youngest out of 26 umpires, gained her umpiring badge and performed so well that she was given the final playoff game for 5th/6th place. Cailyn has been recommended for the National Mentoring Programme. What a great achievement Cailyn, keep up the good work.

GYMSPORT - **Jaimee Mason** and **Maia Prochazka** competed in the 4th and final ZM Classic Aerobics competi-

tion in September and did extremely well. Jaimee placed 1st in the Step 4 and 2nd runner up in the Step Stream. Maia placed 1st in the Step 6 and 1st in the Step Stream. Congratulations and well done Jaimee & Maia.



ASB SPORTS AWARDS - On Thursday 29th October was the 24th annual ASB Northland Secondary Schools Sports Awards. WGHS students did extremely well and we have some very talented young sportswomen.

Congratulations to the finalists: Grace Pevats, Maia Prochazka, Yvette Hendrikse, Jessie Parr, O'Shea MacMillan, Claire Fuller, Aimee-Leigh Scott, Tia Saunders, Paige Golightly, Mihi Shepherd, Sarah Scott, Sophia Cosson, Ella-Rose Kini, Samantha Skovlund, Olivia Crum, Leihana Shelford-Tito, Jessie Cresswell, McKenzie Morris, Paige Lawgun, Billie Scott, Hayley McIntosh, Ellie Eastwood, Teina Rihari, Kelena Roughan, Jasmine Milton, Uma Robinson, Zane Heta, MacKenzie Johnson, Olivia Lobb, Soktaera Sean, Sheena Wejendorp, Colleen O'Brien, Jaimee Mason, Caitlin Reed and WGHS Squash Team.

And congratulations to the winners: Jessie Parr - AFL, Aimee-Leigh Scott - Athletics, Olivia Lobb - Cricket, Mihi Shepherd - Equestrian, Soktaera Sean - Golf, Yvette Hendrikse - Karate, Jessie Cresswell - Official, Paige Lawgun - Olympic Weightlifting, Caitlin Reed - Clay Target Shooting, Samantha Skovlund - Air Pistol Shooting, Grace Pevats - Surfing, Maia Prochazka—Gymsport, Hayley McIntosh - Swimming, Sheena Wejendorp - Ultimate Frisbee, Teina Rihari - Volleyball, Jasmine Milton - Volleyball, Zane Heta - Waka Ama, MacKenzie Johnson - All Rounder. Well done girls, that is what a lot of hard work can achieve.



NSSSA JUNIOR CRICKET TOURNAMENT - WGHS Junior Cricket team: Kennedy Boswell-Smith, Olivia Crum, Katie Doar, Emma Gunson, Grace Moscrip, Tove Petersson, Livvy Potter, Nicole Robinson, Lauryn Smith, Caoillina Valance - Keogh and Katie Woodhouse placed 2nd, narrowly losing to Kerikeri High School. Well done to Olivia Crum, Kennedy Bowsell-Smith, Livvy Potter and Katie Doar who have been selected into the Northland Junior Girls' Cricket team to attend the Northern Districts Junior Girls' Cricket Tournament on the 15th—17th November. Lots of luck team.

NORTH ISLAND INDOOR VOLLEYBALL - Kelena

Roughan represented North Island, NZ in Indoor Volleyball in Canberra at the Australian Institute of Sport. They played against the Australian states (including South Island, NZ). Kelena's team were undefeated in the competition coming away with a gold. What a great accomplishment for Kelena.

NORTHLAND SECONDARY SCHOOLS GIRLS' RUGBY

TEAM - Seterah Brown, Te Rangimarie Manukau and Zonier

Oakes have made the team to represent Northland. Well done.

MAORI HOCKEY TOURNAMENT - Jess Pilmer, Madi

Doar and Katie Doar played in the Tai Tokerau Whahine A Team, who made it into the final and won the competition. Maria Pollock came runner up in the final in the Waikato Maniapoto Team. Jess Pilmer, Madi Doar and Maria Pollock were selected into the NZ Maori Junior Wahine team. They will attend a coaching clinic in Queensland next year. Madi Doar was presented the "Sharon Watson Cup". Amazing results girls.

McMILLAN CUP COMPETITION - A very close result this year with only 3 points separating the top three teams. WGHS team with Samantha Skovlund, Lauren Mungo and Colleen O'Brien place 2nd overall with just 2 points behind the winning team. WGHS 2nd team with Hannah Cheung, Fern Manning and Samantha Ley came 6th. Samantha Skovlund also had the 2nd highest overall score.

Colleen O'Brien, Samantha Skovlund, Lauren Mungo and Fern Manning also attended the Pistol NZ North Island ISSF Championships Junior and Senior events with some terrific results. Samantha, Lauren and Colleen are competing in the NZ Pistol Team competing at the Oceania Continental Championships in Sydney between 25th November and 2nd December. Well done and good luck girls.