

# SPORTS NEWSLETTER

**NSSA CROSS COUNTRY** - Fantastic results from WGHS students who entered the cross country at Barge Park in June. Conditions were great with sunny weather but very muddy and wet in some areas of the course. Senior Division - **1st Geneva Overwater, 2nd Jess Pilmer, 3rd Sarah Barnes and 4th Olivia Crum.** Intermediate Division - **1st Nicole Robinson and 4th Natasha Hewson.** YR9 Division - **3rd Alysha Donovan, 4th Pip-pa Croft, 6th Emma Ilerbrun and 7th Casey Learmond.**



**ROWING** - Sarah White and her partner Maddison Brooke won the Novice Crew of the Year award at the Auckland Rowing Association prize giving. Well done, Sarah. What a great achievement.

**HOCKEY** - Congratulations to the following players for being selected for the 2016 U15 Northland Representative Teams. *A Team:* **Monique Beasley, Jamie Lindsay, Emma Meyer, Grace Moscrip, Charlette Overwater, Olivia Potter, Casey Rapana, Vera Schultz and Aimee-Leigh Scott.** *Development Team:* **Sophie Ball, Kennedy Boswell-Smith, Jacqui Chapman, Pippa Croft, Teja Douglas, Alysha Donovan, Alice Donelley, Kiara Henry, Aiyah Herbert, Emma Ilerbrun, Katie Jones, Rosemary Reed, Sophie Saweirs and Jenny Tobin.**

## NZSS INDIVIDUAL TRIATHLON

In April, Emma Hutchinson entered the individual triathlon race held at Jach's Point in Queenstown. Emma had a great experience being able to race against other girls around New Zealand. She placed 19th overall in NZ. Emma had some great support from her Coach, Murray Healey, and Mum, Ruth Hutchinson. What a fantastic effort.

**LACROSSE** - The WGHS Lacrosse team played in the Northland competition on Friday 5<sup>th</sup> August against Huanui College, at Huanui. The girls played really well, displayed great sportsmanship, skill and teamwork. We won 11-1 and the Northland Trophy for 2016.

## NSSA SURFING - Billie Scott,

**Portia Olney-Kemp, Grace Pevats and Mia Skinner** travelled to the Far North in Ahipara for some serious surfing competition in the 3rd and final event of the 2016 Northland Scholastics Surfing Series. Clean 1.0—1.5m waves fanned by offshore winds provided the perfect canvas for the event. To top it off WGHS came away with some pleasing results. Billie placed 1st and Portia 2nd in the U18's. Grace won the U16's division. Mia Skinner placed 4th in the U14's. Well done girls.

**KARATE** - **Olivia Crum and Yvette Hendrikse** travelled to Wellington to compete in the Karate Nationals. Olivia achieved a bronze in the 14 –15 yr individual Kata category. The following day they also competed in the NZSS competition with some fantastic results. Olivia got another bronze in both U16 Kata and open weight U16 Kumite. Yvette got gold in U14 Kata and silver in U14 Kumite. Great all round results. Congratulations.

**BASKETBALL** - A group of WGHS students entered the NSSA Senior Basketball tournament and placed 1st. Congratulations to the following players - **Leiana Cameron-Tana, Portia Makiri, Wendy Masitabua, Lily Murray-Wihongi, Serai Murray-Wihongi, Quincel Nathan-Hita, Tahlia Poasa, Jodie Rameka, Tayla Skinner and Siteri Zoing.** Well done girls. Great result.

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**GYMSPORTS** - At the end of July a talented group of WGHS students travelled to Auckland to compete in the NZ Gymsports Competition and did extremely well. Congratulations to all who competed.

In the team performance category, **Gemma Lawton, Genie Blasingame, Jane Heapy, Michelle Crawford, Courtney Stoddart, Holly Fleming and Heidyn Harrison** placed 2nd.

**Aerobics** - Level 4 Team; Gemma Lawton, Hanna Webb & Ariel Eggleton 1st place

Level 3 pairs - 1st place Heidyn Harrison & Jane Heapy

Level 4 pairs - 3rd place Gemma Lawton & Hanna Webb

Level 5 Individual - 1st place Jaimee Mason

Level 3 Individual - 2nd place Jane Heapy

Level 3 Individual - 3rd place Heidyn Harrison

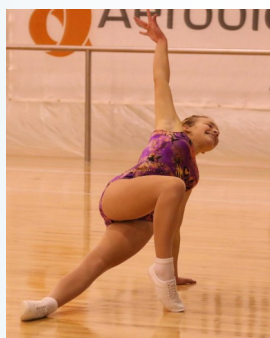
**Tumbling** - Elite 1st place Chloe Campbell, A Grade 1st place Maia Prochazka

**Trampoline** - C Grade 4th place Maia Prochazka



**NSSA SQUASH TEAMS COMPETITION** - Irya Stewart, Pippa Saunders and Tia Saunders competed in the Girls Open division and placed 2nd, getting beaten by Otamatea College.

**NZSS SQUASH CHAMPS** - MacKenzie Johnson, Irya Stewart, Gemma Turketo, Tia & Pippa Saunders and Brylee Chapman travelled to Palmerston North to compete in the New Zealand Championship and placed 2nd with a Palmerston North team just beating them. There were 21 teams throughout NZ competing. Congratulations girls, what a great effort.



**RUGBY 7's** - The WGHS rugby team played in the Condor qualifier tournament on Friday. The girls played with heart, and skill, starting well and getting better with every game. They won 3 of their 4 games to go through to the final against Bay of Islands College, and lost in a great contest. The team played with great sportsmanship and pride. Coming second in the Northland region was a great accomplishment. Well done girls. Special thanks to Peter Nock, Temania Te Iringa and Bruce Robertson for training the girls this year.

## UP AND COMING EVENTS

- NSSA Badminton
- Lacrosse Nationals
- NSSA Basketball Finals
- NZ Junior Basketball
- NZ Golf
- NZ Cheerleading
- Clay Target Shooting
- NZ Swimming