

Sports Newsletter

WGHS SWIMMING SPORTS: A great turn out with fantastic weather and good competition. Our Junior Champs are Sam Bailey and Sarah White, Intermediate Champ is Maddy Gordon and Senior Champ is Inez Wilson-Harding.

NSSA SWIMMING SPORTS— Results: Juniors: Samantha Bailey—2nd 100m butterfly, 1st 100m freestyle and 2nd 50m butterfly. **Sarah White—**2nd 100m backstroke, 1st 50m backstroke. **Mia Gordon—** 1st 50m breaststroke, 3rd 50m freestyle, 1st 100m breaststroke, 2nd 100m freestyle. **Intermediate: Ellie Eastwood—** 1st 100m breaststroke, 1st 50m breaststroke, 2nd 100m freestyle, **Madeline Gordon—**1st 100m butterfly open, 1st 50m butterfly, 1st 100m freestyle, 1st 50m freestyle. **Seniors: Hayley McIntosh—**1st 50m backstroke, 1st 50m freestyle, 1st 100m backstroke and 1st 100m freestyle. **Inez Wilson-Harding—**1st 100m breaststroke, 1st 50m breaststroke, 1st 50m butterfly.

GET 2 GO GRAND FINAL 2014 - Every year we enter a number of teams in the Get 2 Go Regional competition that is held locally and involves several other high schools from the Northland area. After a close race, WGHS and WBHS won the right to compete on Great Barrier Island against the 11 other teams from all the regions in NZ. This competition ran for 6 days, and involved problem solving activities, orienteering, kayaking, rock climbing and a huge amount of team work. After the first three days our team, consisting of Courtney Crum, Madi Doar, Geneva Overwater and Macey Polwart was coming fourth, a place I felt represented us well due to 7 of the team only joining the sport that year. The team then took off for two days of expedition on land and at sea, travelling by raft to various locations on other islands. Although prepared for the running distances required of a team to move quickly, our team was unable to move their raft effectively and lost a lot of time trying to trim the boat. Unfortunately we were unable to hold onto our 1st place finish from last year, and we came in 7th place. This is still a good accomplishment when looking at the calibre of the teams that attended, and I think with further work and experience our team will come back stronger in 2015. I would like to acknowledge the huge amount of work and effort made by parents to support their children in the lead up to the event. Special thanks to Frances and Steve Hill and Bruce Maugham. By Olivia McLeod

BEACH VOLLEYBALL At the end of 2014 Jasmine Milton was selected as a member of the NZ under 17s Beach Volleyball Development team. In January Jasmine travelled to the Gold Coast to compete in the Queensland Open Event. There were teams from all over the world in all ages competing. After 2 days Jasmine and her partner were placed 19th out of 50 teams, however, placed second out of all the NZ competitors. Jasmine has been targeted as one of the players to travel to America and Germany in July this year. Her goal is to make it into this NZ U19s squad. Good Luck Jasmine.

SURF LIFESAVING Congratulations to Kelena Roughan, Meg Robinson and Hiromi Beran in receiving a Surf Lifesaving Award for the Whangarei Heads Club. They are now surf life guards.



WGHS Swimming Team



Get 2 Go Team



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WGHS ANNUAL ATHLETICS CHAMPIONSHIP –WEDNESDAY 25 FEB

-WGHS held their Athletics Championship at the Whangarei Athletic Park in great conditions. A record was broken by Aimee-Leigh Scott in the discus throw of 29.63m. Well done Aimee-Leigh.

The first three place getters in each age group are as follows: **Senior girls**—1st Amanda Still, 2nd Samantha Ley and 3rd Kelsey Jellick. **Intermediate girls** — 1st Madi Doar, 2nd Madeline Gordon and 3rd equal, Jessica Pilmer and Portia Olney-Kemp , **Junior girls** — Aimee-Leigh Scott, 2nd Mia Gordon and 3rd Katie Doar .

WGHS SENIOR TOUCH RUGBY

The Senior Touch Team defended their NSSSA Champions Title on Friday by WINNING the NSSSA Senior Touch convincingly with 8-2 win over Kaitaia and 10-1 win over Ruawai. Well done girls!!!

MT TIGER ARCHERY CLUB

Girls who signed up for archery will need to contact the club direct by email at tigerarchers@gmail.com as due to a huge amount of interest the club cannot contact you all. Coaching is on Monday and Wednesday at WGHS gym. No bookings necessary but you need to be there at 6.15pm sharp. Cost is \$10.00

Netball

Trials are finished and we have selected 17 Netball teams to date. We need coaches/managers for some teams. Please contact the school if you are able to coach/manage—unfortunately if we do not find enough coaches, some teams will not be able to go ahead. The Netball Grading Tournaments begin on 24th April at 6.15pm for Premier Teams and on Saturday (Anzac Day) 1.00pm onwards for all other Secondary Teams. A big thanks to all of our helpers.

Hockey

Women's Grade Hockey Trials are complete and three teams have been selected with five collegiate teams selected.

Check the Sports notice board for team member and coach details.

FULL CRICKET RESULTS FROM THE LEAF CUP

WGHS had a great turn out defeating all five cricket teams, Kerikeri A & B, Rodney, Mahurangi, and Kamo High Schools. Top Scorers with the bat was Olivia Lobb, 154 runs, Tia Saunders, 90 runs. Top bowlers was Caitlin Phillips, 8 wkts and Brooke Golightly with 7 wkts. Outstanding fielding was Brooke Golightly, in one game made 3 run outs, took a catch and took 3/4 off her own bowling . Olivia Lobb took 6 stumpings which was a first.

NSSSA MOUNTAIN BIKING CHAMPIONSHIP

A terrific result from WGHS with MacKenzie Johnson 1st place in the Cross Country doing 7 laps in 57.22 mins and 3rd in the Down Hill section in 2.06 mins giving MacKenzie an overall 1st place. Also Julia Carter-Bell doing well with a 1st place in the Down Hill section in 1.53 mins and 4th in Cross Country doing 5 laps in 53.43 mins giving Julia 2nd place overall. Well done

Julia Carter-Bell

